

References and Acknowledgments

Having spent well over 25 years practicing to master the skills of our fore fathers I have had first hand experience of the many processes that each learner will go through to finally achieve each element of natural wilderness survival. With many years of experimentation and trial and error coupled with detailed literature you can succeed and prepare for any situation that you may face.

BGMA would like to thank all of the following resources for their co-operation and assistance in the continued learning of wilderness and survival skills.

[Build the Perfect Survival Kit – John D McCann](#)

Great guidance for the construction of a full range of survival kits ranging from small personal kits to vehicle and group packs.

[Outdoor Life Hunters Field Guide – Creative Publications](#)

Fun enjoyable resource, this guide can be used as a pocket reference whilst on the trail.

[Outdoor Survival Skills – Larry Dean Olsen](#)

Very dated diagrams and pictures but the author has a great understanding of natural survival. Beware that a great deal of the food stuff and materials used are only found in the US.

[Woodlands – Readers Digest](#)

Great diagrams of trees and plants including clear bark prints.

[Outdoor Survival Guide – Hugh McManners](#)

[A Photographic Guide to Mushrooms of Britain](#)

Invaluable resource great pictures clear descriptions easy to use.

These website have proved valuable resources in BGMA's teaching of wilderness and survival skills they have also given good advice on the purchasing of kit and clothing for outside expeditions.

www.geocities.com/aaawildernesssurvival

www.survivalschool.com

www.scoutbase.org.uk

www.go4awalk.com/skill

www.weightlossresources.co.uk